



## The Color of Infertility

*It is much more sensible to be an optimist instead of a pessimist, for if one is doomed to disappointment, why experience it in advance?*

~ Elizabeth Peters

*Worry does not empty tomorrow of its sorrow;  
it empties tomorrow of its strength.*

~ Corrie Ten Boom

This is a continuation of my entry which addresses the metaphysical aspects of infertility. I can usually count on two questions through presentations, e-mails, and in readings. The first is “why do I keep attracting jerks” (answer: “Mirror, Mirror”) and the second, I answered in the Kick!

“Am I ever going to get pregnant?”

I have included this entry at the conclusion of “The Color of Infertility”. Well, to contradict myself in my own Thursday Kick! I do use the term: “infertility”. As I explained in my Kick!, there are many couples out there that experience what is termed “infertility”. In fact this term should be shifted as it provides a script for failure. But, for the sake of clarity,

I will use the term “infertility” here in the “Queendom”. lol

Let's look at the energetic logistics of infertility, which can be manifested by a number of tissue issues, all separate issues, but still interrelated due to the area of depletion: the second or sacral center. This center dictates our area of creativity and emotion. This area is also associated with the element of water, so depletion in this area may be reflected in tissues/organs that relate to fluid.

## Thursday's Kick! The Color of Infertility

When reading my entry "The Birth of a Dis-ease" I explain how we will dole out energy to a person or a situation and when there is no longer any energy in that particular center, then the universe will begin "robbing" from corresponding organs to that center.

Fertility and infertility reside in the sacral plexus, the second center which is located just below your belly button. This energy is orange energy. This second, sacral center represents creativity and emotions. First and foremost, this is person-to-person energy.

Meaning, that when there is a depletion in this area it is because you are giving your energy away to another person. Base (red) energy deals with a group of people, your foundation, such as family, church, even political parties, overall organization or company you work for, groups that you consider your foundation for life or survival. Second, (orange) is about person to person and then your third center (yellow) is about self.

When there is depletion in this second or orange energy center, then there can be difficulty in conceiving.

It is one thing to be told that "stress plays a part" and another to identify who or what is the source of the stress. If you recognize the source, you can begin to correct the energy directed toward that source.

- \* Stress with a partner
- \* stress with a mother
- \* sister
- \* co-worker
- \* boss

can exacerbate the effort of conceiving. Interesting enough, I have found that it is usually female energy that pulls the energy from this center! So, often it is about a predominant female in your life and you are choosing to send your energy (waste your energy) by sending it in her direction. It can also be a partner that has feminine energy, but may be male in gender.

Person-to-person stress will deplete this sacral center.

When you have given away all the energy in this center because of a particular individual that you find frustrating or you tend to worry about, then corresponding organs with that center can be affected.

Which organs depend on the tissue issue...reproductive "energy" would be tissue issues regarding the power of creation. Please, understand that this "power of creation" has many levels of meaning beyond the actual manifestation of a baby! So look at your life and how you create your own life, your home, all that is sacred. After all, it is the "sacral" plexus.

AND remember you have a partner in this, so it isn't just about you! You may be "balanced" but they may not be as balanced as they appear, or vice versa.

## Thursday's Kick! The Color of Infertility

When there is depletion, it is important to stop the leak before you try to “fill it back up”. So take a moment to examine where you may be sending your energy. I equate doling out your sacral energy like a huge ball of orange yarn, so the “orange yarn ball” in your second center is all unraveled and wrapped around whom?

Just relax and imagine you are pulling it back and winding it back up, create this nice orange ball of yarn, all wrapped up and then quietly place it back in your sacral position. Shifting your worried thoughts to something more positive can help to achieve that balance. If you notice yourself getting “pissed” (that is a “fluid” reference -verbal or mental- to your orange energy leaking!) then take a deep breath and visualize yourself “pulling” your energy back!

Integrating orange into your life can help produce what I call a “vibratory trigger” or subtle hypnotic script. In Thursday's Kick! I talk about words and their power, so affirmations coupled with the color orange are a wonderful way to help you relax and be aware of what may be holding you back.

Do you have much orange in your life? Take a quick survey of the color orange and find ways to integrate it in your wardrobe or décor. I had to put orange sheets on my bed because I didn't have a chance to get my regular sheets washed. I had to get up to go to the bathroom twice, so be careful with that! Kidneys and bladder are also associated with orange energy.

- \* Drink your water out of an orange cup,
- \* use an orange placemat,
- \* put on an orange scarf.
- \* Drink orange juice!
- \* Look into orange foods (no, not the Cheetos, people, I mean real food)...

First and foremost, examine the role of orange in your life and see how it correlates to your current lessons.

Knowing where your energy is going is the first major step in managing it and getting balanced. Examine your person-to person relationships and release what no longer serves you! (Cut that yarn!) Put yourself in the now and use the color orange as an anchor to help you stay balanced. Find an affirmation that works for you, and please! share affirmations here if you have some you really resonate with.

## Thursday's Kick! The Color of Infertility

*There is a past that is gone forever,  
but there is a future that is still our own.*

-Anonymous

*Frustration is when the same snow that covers the ski slope  
makes the road to them impassable.*

– James Holt McGavran

There are many couples out there that experience what is termed “infertility”. In fact this term should be shifted as it provides a script for failure. Leave it to the medical community and pharmaceutical companies to hypnotize us into failing health instead of encouraging optimum health...I believe in the medical community, but I do wish the language would shift.

Often it is not about being infertile; it is about the ability to conceive.

There are so many unique circumstances that are involved within the metaphysical realm of conception. Often couples forget that there is a third party in the “contract to conceive” and when this third party (child) is ready, that soul will enter. Understanding that there are more souls involved in a contract when it comes to children and having a family than anything else you manifest can help you perhaps to invite and then allow pregnancy to happen. Please, do not think I take this lightly, I have many clients learning with these lessons and understand completely the emotional toll. My role is to help couples understand the spiritual and metaphysical answers behind these lessons.

There is (no matter who eventually takes responsibility)

the mother

the father

and the child

## Thursday's Kick! The Color of Infertility

Three souls at the very foundation, and also we can add grandparents and extended family in the mix when appropriate. So it is an orchestrated event no matter how much of an “accident” a pregnancy can be, or how frustrating trying to get pregnant can be. Or how devastating a miscarriage can be.

*(I also wanted to note, that I also consider “infertility” to include same sex couples that are having issues adopting or conceiving. Therefore, look at some of the same tissue issues if there are challenges in these areas.)*

However, it ultimately gets down to the fact that if a soul has contracted with other souls, a couple, to join their family and fulfill a contract, then it shall happen. There is always free will within the mix, and therefore the soul can choose to enter, or not to enter, choose to enter, and then choose to exit, based on the lessons contracted with the souls involved.

What lessons are there in the frustrations of infertility? Lessons of guilt, frustration, self worth, but also lessons a bit more hidden, such as living in the now and learning not to worry about “what ifs”, and enjoy the time and the present for what it is. You may have chosen to learn lessons concerning patience or lessons about appreciating the present, and so those lessons are surrounding you right now. Everyone is individual in their lessons, yet we all help and facilitate each other's spiritual growth by providing venues of opportunity. Have you taken the time to breath and look at the lessons, have you asked "what am I to learn from this?" and more importantly, "I am ready to listen, I am ready to move forward."

Part of the potential issues with conception can be with either the male reproductive system, or the female reproductive system. This resides within the second sacral energy center. This center represents person-to-person relationships. It is orange energy as I discussed in “The Color of Fertility”.

Rather than looking objectively at this “tissue issue” couples begin to blame and then panic. This perpetuates the depletion of person-to-person energy (“orange” energy)! Take a breath and a quiet look at ALL you are creating in your life and look for the balance. Think about it, it is about "creating life" and also about "creating a life". They are interconnected and directly related to your body/mind.

## Thursday's Kick! The Color of Infertility

It is so often the case that couples adopt and end up conceiving after the adoption, in part it is because the stress of trying to conceive is relieved. From a metaphysical standpoint, or shall I say the Law of Attraction standpoint, conception can occur because parents are already living in the "now" and being parents, they have awakened that consciousness TO BE parents. They are out of the "childless consciousness", therefore they attract a child.

The Universe will provide what we give the most energy to, therefore when trying to conceive most often couples see themselves childless trying to have a baby, instead of already envisioning, embracing parenthood.

I have said it so many times before, we are walking magnets! Thoughts create, yet emotions manifest and what you give the most thought to you create, so examine your thoughts and listen to your words and see how they reflect your current situation. If you are in a "childless" consciousness then you will perpetuate that consciousness.

I do not use the term "trying to get pregnant" lightly. How many couples use that term? As with anything else, when you "try" then you keep trying. Incidentally, the word "try" vibrates to a 9 which is all about endings, and the finishing of a cycle, The word "do" is a 1 which is all about new beginnings and starting a cycle...(and for grins and giggles, "I am" vibrates to a 5 which is all about change and adventure). And of course, I had to do the numerology on "I am pregnant" which is a 10/1. In numerology, a "10" is the ultimate manifestation number! It is the power of new beginnings (1) with the boost of a (0). How cool is that?

I always look at numerology, your birth name and current name to help you understand some of the situations in your life, therefore if your name has certain vibrations, why wouldn't the rest of the words we use not influence our vibratory field? So, words are important on many levels, not just from a scripting standpoint. I talked about words in my entry "Sound Words"...

Examine your language, examine what you are giving the most thought to, and then begin to see yourself as a parent. Again, this is a group contract, I have one client that came to see me last fall, she wanted desperately to have a child but I knew on some level her husband was afraid of having a child. He had not committed to having a child, although consciously he said he wanted what she wanted. (That is yet another can of worms.) It is not to say she will not eventually get pregnant, there will be a soul that will have a certain

## Thursday's Kick! The Color of Infertility

criteria of lessons which may very well involve acceptance and self worth and contract to learn those from the father.

Another aspect of conception is to give the soul permission to come into your lives. In a sense, send out an invitation! But, you must remember, and I cannot emphasize this enough, that soul will come in on its own time under its own criteria! So, you may think that you would like to be pregnant next year and have that baby by Christmas, and I may very well see a little green orb swimming around your hip region, but it may be Christmas 2015...not 2010.

It may also be that the soul is not your birth child, but adopted. Amazingly enough, those souls will show up exactly the same around you, whether birth or adopted, why? Because you have contracted to be with each other from the other side, LONG before you even decided to have a child. And, that adopted child has worked with you to contribute to his or her lessons on this earth, which could include lessons about

- rejection,
- acceptance,
- love without boundaries,
- self worth...

*and really think about it, those lessons expand beyond the spiritual boundaries of one soul.*

Giving a child up for adoption as well as choosing to adopt a child puts all the souls involved on an “accelerated life path”.

I have a dear friend and colleague at the National Guild of Hypnotists, Janice Manson, RN that successfully uses hypnosis to address fertility and Special Circumstance Pregnancy. She is an RN and now works with hypnosis specializing in women's issues. Hypnosis is actually becoming one of the most sought-after approaches in fertility today. It can help you conceive naturally, or support IVF or other medical procedures. Most important is to understand the karmic entanglements that come with the stress of conception, look at your language, your scripts and allow yourself time to relax and just be.

## Thursday's Kick! The Color of Infertility

If you have personally dealt with lessons involving conception or know of someone, I hope this helps shed some spiritual light upon the lessons at hand. If you are currently learning from this experience and would like some answers or support, contact me or connect with my dear friend, Janice.

These issues for me are particularly heartfelt. They are each so individual with their own past life implications and current life lessons. But as often as I see the lessons and the challenges and want so much to say there are "babies on the way" I know there is freewill involved and I am not in the prediction business. BUT, I can also hear the self-hypnosis and the sabotage for success that many clients do not even realize they express, and hope that this entry does help, particularly coupled with current therapies you may be working with.