



As I am innocent, everything I do

Or say is couched in the affirmative.

-Derek Mahan (b. 1941), from "An Unborn Child", Ireland

To bear new life or learn to live is an exacting joy:

The whole self must waken; you cannot predict the way

It will happen, or master the responses beforehand.

-Anne Ridler (1912-2001) from "Christmas and Common Birth", England

This week's entry is about adoption and the complex lessons that are presented for the souls involved: Biological parents, adoptive parents, as well as the child.

On the adopted child side, the lessons may involve confidence, self-worth, abandonment, survival, foundation, heritage and history. The other side of the lesson may involve the complex decisions presented to the biological parents, particularly the birth mother: have the child? raise the child? terminate the pregnancy? give the child up for adoption? With the potential emotions of doubt, fear, guilt, grief, abandonment, selfishness, confidence, commitment and I could go on and on with these lessons in being human.

Most importantly, it is a *spiritual* lesson in unconditional love that is being presented; *a birth mother taking a moment outside of herself to do what is best to honor the "between" and the karmic contract she has made with the soul she is carrying.* So

Thursday's Kick! Between Adoption many lessons are entwined within the circumstances surrounding adoption, and believe it or not, *there is no wrong choice*. The important thing to remember is at that very moment the decision is made; the birth mother is making the best decision she can at that time with the information (wisdom) she has available.

She is doing the best she can with what she's got.

Adoption is “group karma” meaning that there are many souls involved in the completion of the process (lesson), whether it is a private adoption, an agency, international, whatever the circumstance, there is still a fascinating orchestration of souls and contracts that must take place.

Adoption has often been described as something special because as an adopted child, “you were picked” by your parents. Believe it or not, adoption works much the same way as biological births from a metaphysical standpoint, yep, you still pick your parents! I believe it is wonderful to know that it is still contractual on a soul level, just as a natural birth entry into this world. You set up the circumstances and the adoptive parents before you incarnate on this earth. And if you are adoptive parents, feel assured that the child you love as your own is a soul that has contracted to be in your life just as a natural birth child.

So then what would the difference be? The difference involves all of the lessons that are intertwined between the biological parents, adoptive parents, and the child. (We won't even get into extended family). I have many adult clients that were adopted and many of the issues that follow them revolve around two emotion centers:

the base center or “red” energy

the solar plexus “self” center: the “yellow” energy

The base is related to family, foundation, and survival and is associated with organs and tissues that support our body. Red energy and the first (base) emotion center correlates with the “solids” in our body: bones, muscles, teeth, joints, spine, lower back, hips, all of the “structural” areas of our body; your very foundation.

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The third center, our “self” center represents our self-esteem, self-worth, and our self-confidence. This yellow energy and third emotion center relates to organs and tissues that help us “burn” energy and convert our food into fuel: mouth (chewing), esophagus, stomach, intestines, gall bladder, pancreas, liver.

The process of digestion itself relates to how we process our ideas, so when our self-esteem is low there tends to be issues somewhere in our area of digestion. And, if you think about it, teeth, tongue, and the tissues that help us initially break down food are the organs and tissues that include both emotion centers.

When there are strong emotions depleting “red energy” due to unresolved issues that could involve anger, hate, resentment, worry, fear, financial security, security in general, jealousy, suspicion, your body –having no agenda- will manifest issues related to base: arthritis, muscle issues, broken bones, back problems, pain.

When the emotions are turned inward and reflect abandonment, grief, guilt, doubt, not being wanted or “worthy” then often the “yellow energy” is depleted and issues with that depletion manifest. Those would revolve around digestion, diabetes, GERD, obesity, colitis, Crohn's just to name a few.

Understand, there are many more adopted souls living a balanced and wonderful life than there are adopted souls with serious life lessons. This is more about looking at the lessons that are set up to teach and to learn through the adoption choice/contract between the (often 5) souls involved: Birth parents, adoptive parents, and the child.

Of course, I cannot go without using the current situation of “Baby Jack” as an interesting example of adoption, free-will, and honoring contracts. Those of you that have been following my Kick! Updates about Baby Jack realize that the prayers for him, his birth mother, and the adoptive parents are directed toward what is best for all involved. For those of you not aware of the situation, as an overview: a wonderful couple here in Virginia have been waiting for the birth of their soon to adopt son, Jack. All went smooth from the beginning when the birth mother chose them, met them, spent time over the pregnancy with them and never referred to the baby as hers, always had the mindset that she was carrying their baby son. It wasn't until an outside antagonist entered the hospital *after* the birth and instilled doubt in the birth mother about her decision. This decision was a solid, albeit emotional one, in favor of adoption from the beginning.

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Baby Jack has many individuals behind him, supporting him and supporting the adoption. The birth mother's family supports the adoption, the birth father AND the father's family supports the adoption, even testifying before a judge that Baby Jack needs to be allowed to come home to Virginia. The birth mother is young with an addiction problem, does not have a high school degree, a place to live, nor a job. She abandoned her previous residence leaving behind a dog and a cat. She also comes from a prominent family that has done all they could to help her, yet she has rejected and manipulated. The antagonist lives three states away! Of course, she has gone back home, her job done.

So, the question in this situation is "why"? Again, it is the group karma playing out, and extends far beyond the initial five members often involved in the immediate process. It is the grandparents that are currently legal guardians of Baby Jack. The birth mother has ninety days to get on her feet, find a place to live, get a job and prove she can support Jack. Until then, he stays with his guardians and is loved, constantly involved with the adoptive parents via phone and Skype, allowing a fascinating weaving of souls to take place. Lessons of trust, gratitude, compassion, service, and faith are peppered with fear, grief, desperation, loss, and doubt. This baby boy is one hell of a teacher-and I am his star pupil!

It is amazing how this little soul has already made an impact on so many lives, including mine. He offers such insight into the intricacies of adoption, choice, and honor. His numbers are pretty powerful.

From a metaphysical perspective it is interesting to note that the name on your birth certificate is your birth blueprint, or imprint, even if it is "Baby Doe" for a day or misspelled (as so many names can be).

Your birth name offers insight into your lessons and direction. It has been my experience that individuals not experiencing any emotional issues due to being adopted just needed the birth imprint from the "host" family. That imprint is created with the name, the date and time of the birth as well as the location of the birth. It is all pretty individualized when you think about it.

The adopted name, or "common" name is known as the minor vibration, yet what I find with birth names and adopted names when I look at a chart are specific lessons from the adoption circumstance, which are indicated with your original numbers. Your adopted name holds the lessons you take on concerning the adopted family dynamics.

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Looking back over the past few week's and the entries you can get an idea of what family lessons can be learned from different vibrations and family combinations. Knowing what life lesson numbers the birth mother holds verses the adopted mother can also be very telling.

Next week I will talk about foster care, victim consciousness, lessons learned verse the Law of Attraction and the amazing accelerated life path many foster children and foster parents choose to take.

Thank you and have a blessed week.