



The runaway slave came to my house and stopped
outside,
I heard his motions crackling the twigs of the
woodpile,
Through the swung half-door of the kitchen I saw him
limpsy and weak,
And went where he sat on a log and led him in
and assured him,
And brought water and filled a tub for his sweated
body and bruised feet,
And gave him a room that entered from my own, and I
gave him some coarse clean clothes,
And remember perfectly well his revolving eyes and his
awkwardness,
And remember putting plasters on the galls of his neck
and ankles;
He stayed with me a week before he was recuperated
and passed north.
I had him sit next me at table, my fire-lock leaned in
the corner.

-Walt Whitman (1819-92), from "Song of Myself", USA

Let brotherly love continue.

**Be not forgetful to entertain
strangers: for thereby some have
entertained angels unawares.**

Hebrews 13:1

Foster care is an amazing accelerated life path many foster children and foster parents choose to take. The lessons are vast and complex and include forgiveness, responsibility, the entire spectrum of the victim and poverty consciousness, lessons learned and the extraordinary circumstances that involve the Law of Attraction.

Thursday's Kick! Foster Care: Accelerated Lessons

Foster care is similar to the story of Baby Jack, as there are more souls involved in the caring of a child. Foster care is individualized and complicated and can involve lessons of victim consciousness, choice, responsibility, forgiveness, grief, survival, gratitude, appreciation, poverty, love, hope, unconditional love, release...I could go on and on.

I think of the story, The Blind Side and how the tenacious woman, Leigh Anne Tuohy and her husband Sean Tuohy took in and adopted Michael Oher. They rescued him from impoverished conditions, helped him with his education and nurtured his talent for football. Ultimately supporting him through his journey to become a significant member of the "Ole Miss" football team as a left tackle and then on to the same position in the NFL. It is a positive story of foster care and adoption, we never really hear the good stuff do we? I rarely see clients with happy stories, yet helping them see the lessons in it all can help the story end happily.

The story of the Tuohy's and Michael Oher is rather close to my heart, I have a son playing college football, an offensive lineman and although not a left tackle like Michael Oher, he is a left guard and starts for UVa College at Wise, which will become Division II next year. The commitment it takes to have a son play college football is not to be taken lightly, it goes above and beyond parenting, it is marketing, support, push, dedication, and don't forget the grocery bills.

It is also the Law of Attraction in perfect form. They attracted each other, and there is a Kick! topic for yet another day: What role does the Law of Attraction play within karmic or cosmic contracts? Did they attract each other (as with any foster family/children) because the Law of Attraction brought them together, or did the Law of Attraction bring them together in order to fulfill their karmic contracts? It is a balance of both, and yes this will be addressed in a future Kick! There are always individual circumstances at play, so it is never quite a blanket statement.

The Tuohy's are just one example of families that open their homes and their hearts to souls in need. When there is something more permanent as in the case of Michael Oher, later adopted by the Tuohy's or something more transient as foster care often is, it is karmic debt that brings these souls together. Karmic debt can be seen as a gratitude for kindness in a past life: returning the favor so to speak. Karmic debt may also

Thursday's Kick! Foster Care: Accelerated Lessons involve a balance of intent, meaning that there may have been an action in a previous life that needs corrected or balanced with forgiveness often at the core of the action.

Since foster care is designed to offer a stable environment until more stable family situations are worked out, or more permanent arrangements can be made, it can involve many lessons regarding independence, foundation, and family. So often those that are bounced from one home to another have either (often both) a 1 (independence and foundation) in their chart and a 4 (family and giving and receiving love: relationships). Foster care may not be your conscious choice to learn these lessons, yet on some level when this life was planned it is how you chose to learn them.

Sometimes we learn independence by being forced to be independent. Sometimes we learn the value of family by not having one worth a damn. Just yesterday I had a client and the light bulb went on...she came to learn about nurturing and caring yet had an abusive, selfish mother. She ran away and was put in foster care, one home after another with similar personalities to her mother. She has gone through her 58 years resenting her mother every step of the way...and resenting her foster mothers...yet she was presented the VALUE of nurturing and caring, the LESSONS of nurturing and caring because she did not receive it. Sometimes the lesson is taught not in receiving, but in withholding. It is all how you look at it.

As a result, she became a mother that withheld and even lost a child to an infection when the child was a toddler. At 58, she is bitter, bent over, has serious issues with arthritis and chronic pain. Her resentment and anger define her, arthritis is fear of letting go and her hands are stiff and twisted as if they are holding on to a huge heavy net filled with everyone she blames. She drags that net around with very little progress, it is difficult to move forward when you are busy looking back.

Her foster care, abusive situations and one continuous knock down after another were not all lessons brought on by a karmic contract. The initial lesson: mother and nurturing/caring was her contractual lesson. When we don't "get it" then the lesson repeats itself, same lesson, different disguise. The universe is saying, "OK, let me put it this way..."

Once we catch on how powerful we are at manifesting and creating our own outcome through our thoughts and then through our actions then the lessons can shift. We create what we give the most thought to, she keeps putting in her order for anger,

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resentment, victimization, all of it and the universe is just providing her with what she is asking.

Taking a moment before this client walked out the door, I simply said to her, “we don’t forgive because we feel that the person will never be held accountable for what they did. That is not the case, they know all of the ramifications when they die and go through their life review, it is time to give it to God. Your mother has given you a vast amount of tools and because of her you are strong, resilient, independent, and offer so much compassion to so many. It is time to start living *your* life and shift your thoughts to all that benefit from your experiences. That shift in perspective can change your life.”

Foster care is an accelerated classroom for life lessons. Although as children we are often not exposed to the metaphysical and spiritual lessons involved with the experiences and personalities that contribute to our soul evolvment. It is what we do with those experiences and those emotions that make the difference in our lives and the lives we touch.

I hope you enjoyed this series on family and all the complexities we have presented to us in order to learn about relationships, and the “between” which I refer to as “energy in motion” (e=motion). Blessings to you! Have a great week.

Catherine