



The Power of Will

Perseverance is the result of a strong will.

Obstinacy is the result of a strong won't.

–Anonymous

**Most of the important things in the world
have been accomplished by people
who have kept on trying when there seemed
to be no hope at all.**

–Dale Carnegie

Effort only full releases its reward after a person refuses to quit.

–Napoleon Hill

So long as there is breath in me, that long will I persist.

For now I know one of the greatest principles of success:

if I persist long enough I will win.

–Og Mandino

What a month July has been! Could we expect anything different with a 7 vibrational month in a 3 vibrational year? 7 is all about spiritual seeking, logic, ego, and is represented by the color white: the color(s) of hope. Then we throw the three in there which is all about self, self-esteem, self-worth, and of all things: self-expression. Well, I expressed myself this month, more than once...and it seems that I have NOT been alone.

When you add the 3 year with the 7 month you achieve a wonderful number: 10.

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Why is it wonderful? 10 is all about manifesting. When I look at a client's chart and they have a 10 in a prominent position within their numerology chart my first comment is "be careful what you wish for..." That is because 10 is all about manifesting, it is the 1 of new beginnings with the thrust of 0 behind it. 10 is wonderful, but instant manifestation can be chaos if you are not aware of its presence or its power.

That is one of the reasons everyone has been in a bit of chaos this past month! Yes, in a sense, your thoughts and feelings have put you there and kept you there (or in my case, gotten me out of my own mess, and my own way).

This week's entry is not really about the chaos of this month,

it is about willpower.

It is ironic though as I sat down to write about willpower I was offered the little tidbit on the month's vibration and just smiled.

What does get you up in the morning?

What keeps us going?

I have been pushing and plugging for the past three years (and really ten before that!) to build a respectable practice and a reputation for being the best at what I do...and I am The Queen of Color...yet, I question where this drive, this passion comes from, and where does the power of will originate? And, in knowing the answers can it be possible to motivate and instill willpower in anyone? Motivational speakers are always in demand, let me rephrase that, genuine motivational speakers are always in demand. But, what I see time and time again when I attend conferences and watch as others speak, is that the motivation fades 24 hours after you get back home!

When the motivation fades, what prompts some to reach down within and pull up the power of will, and what prompts others to just give up and go back to the same routine? I have a client that will talk everything to death, yet there is never any action. He has a session and I have even gone as far as given lists of tasks to do in order to get from point A to point B...next thing you know, there is a need to "brainstorm" again...yet no action. There is no willpower within him, and as much as I would love to help, that power of will has to come from deep within YOU.

There are two key ingredients needed to conjure up the power of will:

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faith and hope.

Faith is belief without foundation for that belief system. Faith is one of the most difficult concepts for humans to grasp. Faith is putting that positive flow of energy with your desires, wants, and wishes without requiring any proof of results. Have you ever really thought about the phrase that trickles out of most our mouths, "I bet you \$\$ that it will/won't..." Right there is our doubt...even in jest it still represents lack of faith. Many, if not most, do not, nor will not operate with pure faith. Proof is often sought before investment of any time or energy is given. It is the nature of the personalities and the nature of being human,

Faith in self gives birth to will, hope in our dreams provides the power to move toward them. Together, faith and hope make it possible to power up our will because having true faith, believing without a doubt, without any proof, that your dreams will become a reality allow you to take a deep breath and evaluate your circumstances.

Faith allows you to look at your life from a different perspective:

- Obstacles become guidance.
- Breakups become opportunities for new alliances.
- Accidents become miracles.
- Chaos is merely a clearing of old energy that no longer serves you.

Your faith, then partners with the hope you hold in your dreams, and that is the energy you call upon for will power. Now, this seems rather complicated and daunting doesn't it? Well, my job is to explain, then simplify it for you...

What many do not realize is that the reason you have your dreams and aspirations in the first place is because you "gifted" yourself with a reminder of what you CAN HAVE in this life!

Why would one person have a dream of becoming a doctor, another dreaming of becoming a singer, or having their own company? a house on a lake? or for me, it was

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always a farm, with my dogs, horses, cows AND a pot-bellied pig...even your "dream"
partner is out there.

You contracted to be a doctor,

or have a house on the lake,

or to have children,

(or ALL of those things!) before you came down to this earth.

Your dreams are your reality you just need to allow them into your life. Willpower manifests when you believe you can achieve what you set out to do, yet there can be no willpower without a goal in mind. So having those dreams and keeping your eye on the prize is key.

Another key ingredient for maintaining willpower is understanding that it is all about keeping your thoughts and feelings on the goal the outcome and give God the details. *Willpower is getting up in the morning and doing what needs to be done throughout the day whether it makes sense at the time or not.* Tasks may be put in your path for a reason, and I can say it here with conviction, if it is too much work, too much stress to work through the task, you are being led in another direction. Hitting a brick wall is guidance, it is not there to create agitation or frustration, it is there to get you to turn to another solution or to release the situation altogether.

Willpower emerges when you can see through the frustrations and accept them for the guidance they are. Not too long ago I was with a client and we were having a similar conversation about tenacity, willpower, and motivation. It does not matter what success story you read about, it is tenacity and passion for your dreams that create your success...and I remember telling her that if someone tells me "No, you cannot do that" my immediate thought (answer) is "Obviously, you are not my 'go to' person!" In fact, that is one of my personal battle cries.

This week take a moment and look at what this "manifesting" month has brought to you. If you like what is happening then "keep on keeping on" if not, evaluate your events and circumstances from a guidance standpoint. Adjust your thoughts and feelings and take a moment to review or even rework your "Magic Refrigerator". I did this month, it was re-organized and I added a few things, adjusted a few other pictures and phrases.

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And through it all, I know deep in my soul, where my power of will is rooted, that I am Divinely Guided, I am a magnet and my dreams are brought closer to my present reality every minute of every day. The only thing that holds them back is my own doubt of my own worth, and that, can be shifted with a simple thought

Here are two wonderful phrases to put on your refrigerator:

My dreams are brought closer to my present reality every minute of everyday.

*I am divinely guided and everything I do has the purpose of
bringing my dreams into my reality.*