



2014: What is Your Personal Year?

Don't wait. The time will never be just right.
-Napoleon Hill

*You've got to think about big things while you're doing small things, so that
all the small things go in the right direction.*
-Alvin Toffler

Welcome to 2014! Many of you thought I would not resurrect my Thursday Kick! And I was not even sure about this myself...fortunately I remember how to type. It is appropriate that the first entry be this first month of January. As was customary in the past, I will offer you the formula to figure out what YOU can expect for this next year as we head into a 7 Universal year.

I will talk a little about 2014 and what that has in store for us, and help you figure out what personal year you are entering what your personal focus will be for this coming year.

As we shift from the balancing act of 2013 into a more introspective year in 2014, many of you will find that it will be a year of spiritual exploration. Many of you that have had a session with me know that I use your birth name and your date of birth to help me "tune in" to your current situation and your life lessons this time around. I am not a numerologist, but I do look at some of your numbers to help me answer some of your questions. Numbers have a vibratory frequency, just as color and tone-and I can tune in much the same way. Believe it or not, you DID come down with directions and your numerology is an important aspect of whom you are and why you are here.

Just as every color has a corresponding keyword, and a corresponding energy center so does every number. Every number over 9 is reduced to a single digit. Understanding these numbers provides insight to your lessons for 2014.

2014 is a 7 Universal Year

$$2+0+1+4=7$$

This will be a year for searching and developing your spiritual purpose. Numbers are symbols, and understanding the symbolic representation behind the number can help you understand the messages that numbers can unfold. 7 represents the lightning bolt of insight and intuition. It is a highly spiritual number and because of this, unexpected events, which arise with a 7 always will prompt you to look within for answers.

7 will often disrupt plans because it represents an element of surprise. Many people don't want to or haven't learned how to trust their inner wisdom and use their intuition for answers. When a 7 appears in your life, it demands you slow down, take a deep breath and listen-go within to understand the circumstances and the lessons that surround the events.

So this year's 7 cycle serves a great purpose: To reconnect you, with your true source. It is no wonder this is the time to re-enter my life's purpose and continue with my mind-body connections.

Want to figure out what vibrations are surrounding you now? Simply reduce the group of numbers from your day, month and THIS CURRENT year to find out what vibration you are entering in 2014.

Here is my example: My birthday is November, 21 (11/21)

I add up my numbers, November is an 11 month, so my day is 11+21 and this year is 2014, add them up right across the board, for example:

$$1+1+2+1+2+0+1+4= 12$$

I still need a single digit, so I add the 1+2 of the 12:

$$1+2=3$$

I am entering a 3 vibrational year.

I will then look below at the very insightful information provided and see what I can expect during this next year.

1 Year: New Beginnings, Independence, and Individuality.

2013 for you was all about finishing up old business and now, with this new year you are starting fresh. Do not look at your losses as losses, look instead as if it were a cosmic "closet cleaning" a need to rid yourself of the old vibrations in order to invite and make room for the new. This perspective may help you to process and understand certain situations. A 1 vibration is also about independence and individuality so it is a year for you to shine!

2 Year: Cooperation, Creativity and Person-to Person Relationships

After the last two years of change and redefining who you are in the world, this year is about making friendships and establishing relationships. 2 is a year for peace. It can be a year to nurture your creativity and really tap into your intuitive side, since 2014 is 7 vibration you may have that desire to

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reestablish a relationship with your own true source. Understand just because it is a year for cooperation and relationships does not mean you will have a year of perfect harmony, although that will be the ultimate goal-you will be offered opportunities to learn and nurture relationships. Take time to breathe and be introspective, diplomatic and all can be wonderful.

3 Year: Communication, Self Esteem, Honoring Self, Education

A 3 year is a year of expression and personal growth. Symbolically, 3 is the only number that faces backwards, so the challenge of a personal 3 year is to move forward by focusing on the positive in your life, not regret. Creativity should be the forefront of this year, and combining creativity and communication with the 7 Universal year can result in great inspiration.

Communication and creativity in all areas: written word, verbal, and creative communication can come to the forefront in a 3 year. 3 life paths are known as comedians and class clowns, so it makes sense that a 3 year is about entertaining and being entertained. It is a year of fun, meeting new people and redefining how you fit into the greater scope of things. I often tell clients it is about networking in order to prepare you for your next year, which will be all about foundation and family.

4 Year: Family, Foundations, Organization

4 symbolizes the square and represents earth. It represents a divining rod, so it seeks out emotions (water) and helps us tap into the earth, our very foundation. A 4 year is about being organized and focusing on your foundation, meaning family, friends, people and events that define your life. It is a year of opportunities, and can be a year of dramatic, fateful events if other 4 or 8 vibrations are involved. Whereas last year (a 3 year) was about meeting people and networking (or even about dating) this year is about commitment. It will be a year in which you will feel supported by family and friends and a year to build, proverbially as well as literally. Define and set your foundations.

5 Year: My heart goes out to you, call me for a reading. LOL!

Just checking to see if you are paying attention. A 5 year will be the best year of your life. It will also be the most chaotic year of your life. 5 is all about change, dynamic changes. You will have many surprises and I equate this year for you like a roller coaster ride. Hold on and enjoy it, even if your are holding on by your knuckles. When the year is all said and done, it will have been the most dramatic shift in a long while, but heh, "shift happens" right? This will be a year to literally go with the flow and enjoy. I equate 5 with "sex, drugs, and rock and roll" so it is a year to be careful with excess, (including food). Did I say, "have fun?" I mean it, enjoy the ride and remind yourself of the objectives during this 7 Universal year cycle.

6 Year: Balance, Harmony, Nurturing, Caregiving

Congratulations, you made it through last year. A 6 represents a pregnant woman rocking back and forth...it is about taking care of self (nurturing one's self) and about balance. After the chaos and shifts of your 5 personal year, this is the year to catch your breath and see actual progress. Even with some of the financial challenges the past year or two have brought, this year is a step up for you as you begin to balance work with family and community. A 6 year can bring renewal, whether it is with relationships or redefining work, even major career opportunities, so if you lost your job, or you got passed over for that promotion, take heed, it was just the 5 vibrations of last year getting you ready for the opportunity of a lifetime.

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7 Year: The Faith-Seeker, Spirituality, Solitude, Introspection

If you are in a 7 year or know someone in a 7 year please understand this is the year for self introspection-so don't automatically reach for the Prozac. It is a time of introspection and revelation and not necessarily a "go-getter" year on a material level. It is a time of inner-growth and a time to focus upon patience and allowing. Take a breath and let the past six years take care of you for a change. You are important and it is time to put the oxygen mask on you so next year you can take care of everything and everybody! It is a good time to look after you on ALL levels.

Take note if you are in a 7 personal year, with a 7 Universal year (and/or have a 7 life lesson number) this triggers a more intense year. When any number repeats, such as the 7's this year, there is a multiplier of sorts. Numbers emit a pulse, and as the pulse strengthens (multiplies), it focuses like a laser-beam. In the case of the number 7, the pulse feels like a lightning strike, as that is what it symbolizes – hence taking some off guard. Remembering that it is all about revelation and introspection can help you make sense of your experiences. Understand that the reason many people experience sudden, challenging events during 7 cycles is that they are not willing to look within for answers-we often look around for the reason why, rather than "how can I grow from this experience?" Do not neglect your connection to source during this time.

8 Year: Business, Money, Resurgence, Renewal (yes a GREAT year)

Last year was all about self and introspection, this year is about business and career. 8 is the number of business and the number of money/financial responsibility. This is a year out of the financial tunnel and into a cycle of harvest. One thing to make note, you will reap what you have sown over the past seven years so give close attention to where your focus has been these past few years. 8 is also about rejuvenation and rebirth (on its side it is the symbol for eternity) so this is a year that can be about resurrection and renewal, with the 7 Universal year giving all of this excitement a spiritual undertone. It is a powerful year and your intuition should be on full blower.

9 Year: Endings, Wrapping Up Loose Ends, "Cleaning House"

Many will get a bit nervous when I speak of a 9 year being about endings. In fact it is one of excitement, after all, last year was an 8 year and brought with it the opportunity for renewal. This year you make room for those changes, and reflect on what you really need to move forward. It is about letting go and releasing unnecessary "stuff" which can include people and situations as well as the material. 9 is also the number of the humanitarian and therefore you may feel the need to help others on a larger scale. This is the end of a 9 year cycle for you, so there will be changes as you gear up for 2015, which is new beginnings. How you face the obstacles can make all the difference in your attitude, I have always found that my 9 personal year, followed by the 1 allow for two years of excitement and opportunities revealed...it is all how you look at it.